



### CAMPOUT MENU

PATROL \_\_\_\_\_ Grub Master \_\_\_\_\_

Campout \_\_\_\_\_ Menu approved by \_\_\_\_\_

Number of campers to shop for \_\_\_\_\_ Budget to spend \_\_\_\_\_

**MENUS:** In planning your menus, you may choose recipes from the “Troop Menu File Box” or you may use recipes from other sources (if you have delicious new recipes, we may want to add them to the Menu File!). Your Grubmaster must have all of the recipes to prepare his grocery shopping list. This menu must be approved; any changes made later must also be approved.

**Plan at least one “one-pot” meal.** You may plan menus for Saturday lunch and Sunday breakfast that can be made “Quick & Easy”; however, menus for Saturday breakfast and dinner must require more “Time & Talent” to cook! Do **NOT** include soft drinks or candy; if chips are on your menu, they must be limited to the “Quick & Easy” Saturday lunches.

<p><b>SATURDAY BREAKFAST</b> <i>“Time &amp; Talent”</i> Include a meat and bread product.</p>	<p><b>SATURDAY LUNCH</b> <i>“Quick &amp; Easy”</i> This is the only meal you may serve chips.</p>
<p><b>SATURDAY DINNER</b> <i>“Time &amp; Talent”</i> Include a meat, vegetable or fruit, and a bread product (and a dessert if you want!)</p>	<p><b>SUNDAY BREAKFAST</b> <i>“Quick &amp; Easy”</i></p>