

# COLD-WEATHER CLOTHING CHECKLIST FOR HIKING, CAMPING AND BACKPACKING

*Boy Scout Handbook p. 204*

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- Long-sleeved shirt \*
- Long pants \*
- Sweater \*
- Long underwear \*
- Hiking boots or sturdy shoes
- Socks
- Insulated parka or coat with hood
- Warm hat \*
- Mittens \*
- Rain gear
- Extra underwear (for longer trips)

*(Items marked with an asterisk [\*] should be made of wool or a warm synthetic fabric.)*